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SKILLED NURSING FACILITIES
CHECKLIST

Physical Plant and General Atmosphere

- Is facility clean and relatively free of odors?
- Is facility maintained at a comfortable temperature for residents?
- Are floors clean and sanitary?
- Are floors and spills cleaned up quickly to ensure the safety of the residents?
- Are halls reasonably uncluttered?
- Is equipment clean and in good repair?
- Is there an effort to make the facility and resident rooms comfortable and home like?
- Are the Administrator and Director of Nurses visible in resident care areas?
- Does staff take the time to talk to residents?
- Is there a noticeable attitude of caring expressed toward residents by staff?
- Do residents communicate with each other?
- Do residents seem alert or are they dazed and unaware?
- Are visitors welcome?

Quality of Life

- Are residents treated with respect and dignity by staff?
- Do conditions of residents reflect good hygiene and adequate basic care? (Note hair, fingernails, face, skin, etc.)
- Are residents dressed in clothes, including footwear, which are presentable and belong to the resident?

Quality of Life cont.

- Do residents who need assistance with eating receive it?
- Are incontinent residents attended to in a timely manner?
- Are residents taken to the bathroom every 2 hours in order to prevent incontinence?
- Are call lights responded to promptly?

- Is water readily available to residents and are residents offered and assisted in drinking water on a regular basis?
- Do residents seem to remain in wheelchairs for long periods of time without attention from staff?
- Are residents in wheelchairs made comfortable? (Note whether residents' backs and/or buttocks are exposed. Are the residents' bodies in contact with plastic on the wheelchair back? Are cushions used for comfort?)
- Are residents provided with foot rests while in wheelchairs? (Feet should not dangle.)

Dietary

- Is a menu posted and is it adhered to?
- Does the menu provide variety?
- Are meals hot when served to residents?

- Are meals appetizing?
- Is the quality sufficient?
- Is the quantity sufficient?
- Are fresh fruits and vegetables served?
- Are snacks served to residents during the day and evening?
- Are residents brought together to dine (as opposed to eating alone in rooms or halls)?

Activity Program

- Is the calendar posted for the current month?
- Do activities take place as scheduled?
- Are there a variety of activities and do they seem to meet the residents' needs?
- Is there an activity plan for every resident, including room-bound and disoriented residents?
- Is there an effort to include as many residents as possible in activities that are meaningful to them?
- Is the Activity Director actively involved with residents?

Miscellaneous

- Is the Ombudsman poster displayed where residents and visitors can read it (each facility is required to have 4 posters conspicuously displayed)?
- Does there appear to be an adequate number of staff to meet the residents' needs?
- Does staff listen to residents and/or family members and respond appropriately?

- Does the facility provide laundry service and hair trims at no cost to Medi-Cal residents?
- Is linen (sheets, blankets, resident gowns, towels, etc.) in good condition?
- Are there adequate blankets on beds?
- Are administrative personnel available to discuss and resolve concerns?